

Who is this NVQ for?

The NVQ in Health and Social Care (Children and Young People), is aimed at individuals working with children and young people in essential care environments, day care settings or palliative care. It is also suitable for those working with children and young people with learning disabilities or challenging behaviour, as well as those in more supervisory positions with greater autonomy and authority.

To achieve the whole qualification at Level 3, you must prove 'competence' in four mandatory units and four option units.

Mandatory Units

HSC31	Promote effective communication for and about individuals
HSC32	Promote, monitor and maintain health, safety and security in the working environment
HSC33	Reflect on and develop your practice
HSC34	Promote the well-being and protection of children and young people.

Optional units

HSC36	Contribute to the assessment of children and young peoples' needs and the development of care plans.
HSC37	Care for and protect babies
HSC38	Support children and young people to manage their lives
HSC39	Support children and young people to achieve their educational potential
HSC310	Work with children and young people to prepare them for adulthood, citizenship and independence
HSC311	Support children and young people to develop and maintain supportive relationships
HSC312	Support the social, emotional and identity development of children and young people
HSC313	Work with children and young people to promote their own physical and mental health needs
HSC314	Care for a newly born baby when the mother is unable to do so.
HSC315	Work with children and young people with additional requirements to meet their personal support needs.
HSC316	Support the needs of children and young people with additional requirements
HSC317	Prepare your family and networks to provide a home for children and young people
HSC318	Provide a home for children and young people.

HSC319	Support families in their own home
HSC320	Support professional advice to help parents to interact with and take care of their newly born baby(ies)
HSC321	Support and encourage parents and guardians to care for babies during the first year of their lives.
HSC322	Prepare, implement and evaluate group activities to address the offending behaviour of children and young people. (Imported unit — Youth Justice A404)
HSC323	Contribute to child care practice in group living.
HSC324	Process information relating to children and young people's offending behaviour. (Imported Unit — Youth Justice A101)
HSC325	Contribute to protecting children and young people from danger, harm and abuse.
HSC326	Contribute to the prevention and management of challenging behaviour in children and young people.
HSC327	Model behaviour and relationships with children and young people which recognises the impact of crime on victims and communities
HSC338	Carry out screening and referral assessment
HSC339	Carry out assessment to identify and prioritise needs
HSC340	Carry out comprehensive substance misuse assessment
HSC341	Help individuals address their substance use through an action plan
HSC342	Assess and act upon immediate risk of danger to substance users
HSC343	Support individuals to live at home
HSC344	Support individuals to retain, regain and develop the skills to manage their lives and environment
HSC345	Support individuals to manage their financial affairs
HSC346	Support individuals to manage direct payments
HSC347	Help individuals to access employment
HSC348	Help individuals to access learning, training and development opportunities
HSC349	Enable individuals to access housing and accommodation
HSC350	Recognise, respect and support the spiritual well-being of individuals
HSC351	Plan, agree and implement development activities to meet individual
HSC356	Support individuals to deal with relationship problems
HSC357	Carry out extended feeding techniques to ensure individuals' nutritional and fluid intake
HSC358	Identify the individual at risk of skin breakdown and undertake the appropriate risk assessment
HSC360	Move and position individuals
HSC361	Prepare for and undertake physiological measurements
HSC362	Recognise indications of substance misuse and refer individuals to specialists
HSC363	Test for substance use
HSC364	Identify the physical health needs of individuals with mental health needs
HSC365	Raise awareness about substances, their use and effects
HSC366	Support individuals to represent their own needs and wishes at decision making forums
HSC367	Help individuals identify and access independent representation and advocacy
HSC368	Present individuals' needs and preferences
HSC369	Support individuals with specific communication needs
HSC370	Support individuals to communicate using technology
HSC371	Support individuals to communicate using interpreting and translation services

HSC372	Plan and implement programmes to enable individuals to find their way around familiar environments
HSC373	Plan and implement programmes to enable individuals to find their way around unfamiliar environments
HSC374	Provide first aid to an individual needing emergency assistance
HSC375	Administer medication to individuals
HSC376	Obtain venous blood samples
HSC377	Encourage and support individuals undergoing dialysis therapy at home
HSC378	Insert and secure urethral catheters and monitor and respond to the effects of urethral catheterisation
HSC379	Support individuals who are substance users
HSC380	Supply and exchange injecting equipment for individuals
HSC381	Support individuals through detoxification programmes
HSC382	Support individuals to prepare for, adapt to and manage change
HSC383	Prepare and support individuals to move and settle into new living environments
HSC384	Support individuals through bereavement
HSC385	Support individuals through the process of dying
HSC386	Assist in the transfer of individuals between agencies and services
HSC387	Work in collaboration with carers in the caring role
HSC388	Relate to families, parents and carers
HSC389	Work with carers, families and key people to maintain contact with individuals
HSC390	Support families in maintaining relationships in their wider social structures and environments
HSC391	Provide services to those affected by someone else's substance use
HSC392	Work with families, carers and individuals during times of crisis
HSC393	Prepare, implement and evaluate agreed therapeutic group activities
HSC394	Contribute to the development and running of support groups
HSC395	Contribute to assessing and act upon risk of danger, harm and abuse
HSC396	Enable people with mental health needs to develop coping strategies
HSC397	Reinforce positive behavioural goals during relationships with individuals
HSC398	Contribute to assessing the needs of individuals for therapeutic programmes to enable them to manage their behaviour
HSC399	Develop and sustain effective working relationships with staff in other agencies
HSC3100	Participate in inter-disciplinary team working to support individuals
HSC3101	Help develop community networks and partnerships
HSC3102	Contribute to raising awareness of health issues
HSC3104	Support the development of networks to meet assessed needs and planned outcomes
HSC3105	Contribute to the recruitment and placement of volunteers
HSC3106	Plan, organise and monitor the work of volunteers
HSC3107	Lead and motivate volunteers
HSC3108	Facilitate learning through presentations and activities
HSC3109	Facilitate group learning
HSC3110	Support colleagues to relate to individuals