

### Who is this NVQ for?

The NVQ in Health and Social Care is considered to be the minimum qualification required by a care worker by the sector skills bodies.

This NVQ is the required qualification for 50 per cent of the workforce in care homes for older people as recommended in the National Minimum Standards from the Care Standards Act 2000.

To achieve the whole qualification at Level 2, you must prove 'competence' in four mandatory units and two option units.

You cannot take HSC213 **and** HSC214 or HSC218 **and** HSC219 in the same award.

#### Mandatory Units

<b>HSC21</b>	Communicate with, and complete records for individuals
<b>HSC22</b>	Support the health and safety of yourself and individuals
<b>HSC23</b>	Develop your knowledge and practice
<b>HSC24</b>	Ensure your own actions support the care, protection and wellbeing of individuals

#### Optional units

<b>HSC25</b>	Carry out and provide feedback on specific plan of care activities
<b>HSC26</b>	Support individuals to access and use information
<b>HSC27</b>	Support individuals in their daily living
<b>HSC28</b>	Support individuals to make journeys
<b>HSC29</b>	Support individuals to meet their domestic and personal needs
<b>HSC210</b>	Support individuals to access and participate in recreational activities
<b>HSC211</b>	Support individuals to take part in development activities
<b>HSC212</b>	Support individuals during therapy sessions
<b>HSC213</b>	Provide food and drink for individuals
<b>HSC214</b>	Help individuals to eat and drink
<b>HSC215</b>	Help individuals to keep mobile
<b>HSC216</b>	Help address the physical comfort needs of individuals
<b>HSC217</b>	Provide pressure area care
<b>HSC218</b>	Support individuals with their personal care needs
<b>HSC219</b>	Support individuals to manage continence
<b>HSC220</b>	Maintain the feet of individuals who have been assessed as requiring help with general foot care
<b>HSC221</b>	Assist in the administration of medication
<b>HSC222</b>	Support individuals prior to, during and after clinical procedures
<b>HSC223</b>	Contribute to moving and handling individuals

<b>HSC224</b>	Observe, monitor and record the conditions of individuals
<b>HSC225</b>	Support individuals to undertake and monitor their own health care
<b>HSC226</b>	Support individuals who are distressed
<b>HSC227</b>	Contribute to working collaboration with carers in the caring role
<b>HSC228</b>	Contribute to effective group care
<b>HSC229</b>	Gain access to, and ensure individuals' homes are secure
<b>HSC230</b>	Manage environments and resources during clinical activities
<b>HSC232</b>	Protect yourself from the risk of violence at work