

### Who is this NVQ for?

The NVQ in Health and Social Care (Adult) is aimed at individuals wishing to develop more specialist competencies for use in the health and social care sector. The units recognise the growing breadth and diversity of skills of those in the health and social care workforce.

To achieve the whole qualification at Level 3, you must prove 'competence' in four mandatory units and four option units.

#### Mandatory Units

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| <b>HSC31</b> | Promote effective communication for and about individuals                            |
| <b>HSC32</b> | Promote, monitor and maintain health, safety and security in the working environment |
| <b>HSC33</b> | Reflect on and develop your practice   |
| <b>HSC35</b> | Promote choice, well-being and the protection of all individuals                     |

#### Optional units

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| <b>HSC328</b> | Contribute to care planning and review   |
| <b>HSC329</b> | Contribute to planning, monitoring and reviewing the delivery of service for individuals           |
| <b>HSC330</b> | Support individuals to access and use services and facilities                                      |
| <b>HSC331</b> | Support individuals to develop and maintain social networks and relationships                      |
| <b>HSC332</b> | Support the social, emotional and identity needs of individuals                                    |
| <b>HSC333</b> | Prepare your family and networks to support individuals requiring care                             |
| <b>HSC334</b> | Provide a home and family environment for individuals  |
| <b>HSC335</b> | Contribute to the protection of individuals from harm and abuse                                    |
| <b>HSC336</b> | Contribute to the prevention and management of abusive and aggressive behaviour                    |
| <b>HSC337</b> | Provide frameworks to help individuals to manage challenging behaviour                             |
| <b>HSC338</b> | Carry out screening and referral assessment  |
| <b>HSC339</b> | Carry out assessment to identify and prioritise needs  |
| <b>HSC340</b> | Carry out comprehensive substance misuse assessment  |
| <b>HSC341</b> | Help individuals address their substance use through an action plan                                |
| <b>HSC342</b> | Assess and act upon immediate risk of danger to substance users                                    |
| <b>HSC343</b> | Support individuals to live at home  |
| <b>HSC344</b> | Support individuals to retain, regain and develop the skills to manage their lives and environment |
| <b>HSC345</b> | Support individuals to manage their financial affairs  |
| <b>HSC346</b> | Support individuals to manage direct payments  |
| <b>HSC347</b> | Help individuals to access employment  |

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| <b>HSC348</b> | Help individuals to access learning, training and development opportunities                             |
| <b>HSC349</b> | Enable individuals to access housing and accommodation  |
| <b>HSC350</b> | Recognise, respect and support the spiritual well-being of individuals                                  |
| <b>HSC351</b> | Plan, agree and implement development activities to meet individual                                     |
| <b>HSC356</b> | Support individuals to deal with relationship problems  |
| <b>HSC357</b> | Carry out extended feeding techniques to ensure individuals' nutritional and fluid intake               |
| <b>HSC358</b> | Identify the individual at risk of skin breakdown and undertake the appropriate risk assessment         |
| <b>HSC360</b> | Move and position individuals   |
| <b>HSC361</b> | Prepare for and undertake physiological measurements  |
| <b>HSC362</b> | Recognise indications of substance misuse and refer individuals to specialists                          |
| <b>HSC363</b> | Test for substance use  |
| <b>HSC364</b> | Identify the physical health needs of individuals with mental health needs                              |
| <b>HSC365</b> | Raise awareness about substances, their use and effects   |
| <b>HSC366</b> | Support individuals to represent their own needs and wishes at decision making forums                   |
| <b>HSC367</b> | Help individuals identify and access independent representation and advocacy                            |
| <b>HSC368</b> | Present individuals' needs and preferences  |
| <b>HSC369</b> | Support individuals with specific communication needs   |
| <b>HSC370</b> | Support individuals to communicate using technology   |
| <b>HSC371</b> | Support individuals to communicate using interpreting and translation services                          |
| <b>HSC372</b> | Plan and implement programmes to enable individuals to find their way around familiar environments      |
| <b>HSC373</b> | Plan and implement programmes to enable individuals to find their way around unfamiliar environments    |
| <b>HSC374</b> | Provide first aid to an individual needing emergency assistance   |
| <b>HSC375</b> | Administer medication to individuals  |
| <b>HSC376</b> | Obtain venous blood samples   |
| <b>HSC377</b> | Encourage and support individuals undergoing dialysis therapy at home                                   |
| <b>HSC378</b> | Insert and secure urethral catheters and monitor and respond to the effects of urethral catheterisation |
| <b>HSC379</b> | Support individuals who are substance users   |
| <b>HSC380</b> | Supply and exchange injecting equipment for individuals   |
| <b>HSC381</b> | Support individuals through detoxification programmes   |
| <b>HSC382</b> | Support individuals to prepare for, adapt to and manage change  |
| <b>HSC383</b> | Prepare and support individuals to move and settle into new living environments                         |
| <b>HSC384</b> | Support individuals through bereavement   |
| <b>HSC385</b> | Support individuals through the process of dying  |
| <b>HSC386</b> | Assist in the transfer of individuals between agencies and services                                     |
| <b>HSC387</b> | Work in collaboration with carers in the caring role  |
| <b>HSC388</b> | Relate to families, parents and carers  |
| <b>HSC389</b> | Work with carers, families and key people to maintain contact with individuals                          |
| <b>HSC390</b> | Support families in maintaining relationships in their wider social structures and environments         |
| <b>HSC391</b> | Provide services to those affected by someone else's substance use                                      |
| <b>HSC392</b> | Work with families, carers and individuals during times of crisis                                       |
| <b>HSC393</b> | Prepare, implement and evaluate agreed therapeutic group activities                                     |
| <b>HSC394</b> | Contribute to the development and running of support groups   |
| <b>HSC395</b> | Contribute to assessing and act upon risk of danger, harm and abuse                                     |
| <b>HSC396</b> | Enable people with mental health needs to develop coping strategies                                     |

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| <b>HSC397</b>  | Reinforce positive behavioural goals during relationships with individuals   |
| <b>HSC398</b>  | Contribute to assessing the needs of individuals for therapeutic programmes to enable them to manage their behaviour |
| <b>HSC399</b>  | Develop and sustain effective working relationships with staff in other agencies                                     |
| <b>HSC3100</b> | Participate in inter-disciplinary team working to support individuals  |
| <b>HSC3101</b> | Help develop community networks and partnerships   |
| <b>HSC3102</b> | Contribute to raising awareness of health issues   |
| <b>HSC3104</b> | Support the development of networks to meet assessed needs and planned outcomes                                      |
| <b>HSC3105</b> | Contribute to the recruitment and placement of volunteers  |
| <b>HSC3106</b> | Plan, organise and monitor the work of volunteers  |
| <b>HSC3107</b> | Lead and motivate volunteers   |
| <b>HSC3108</b> | Facilitate learning through presentations and activities   |
| <b>HSC3109</b> | Facilitate group learning  |
| <b>HSC3110</b> | Support colleagues to relate to individuals  |